

# Return to Play--Amador High Athletic Teams

Sport	Current Participation	Official Season-- Practice starts
Football	<p><b>Varsity:</b> Currently Practicing</p> <ul style="list-style-type: none"> <li>Tuesday &amp; Thursday 5:00-7:00 pm</li> </ul> <p><b>Coach Contact:</b> Bill Baker -- <a href="mailto:bbaker@acusd.org">bbaker@acusd.org</a></p> <p><b>JV:</b> Plan to begin practice after October break</p> <ul style="list-style-type: none"> <li>Monday &amp; Wednesday 3:30-5:30 pm</li> </ul> <p><b>Coach Contact:</b> Matt Kantack -- <a href="mailto:mkantack@acusd.org">mkantack@acusd.org</a></p>	12/7/2020
Cross Country	**Nothing Yet**	12/7/2020
Volleyball	Just Hired new coaches...More information to follow soon	12/14/2020
Water Polo	<p><b>Varsity:</b> Currently Practicing at Jackson Pool</p> <ul style="list-style-type: none"> <li>Monday, Wednesday, Friday -- 3:00-4:30 pm</li> </ul> <p><b>Coach Contact:</b> Jenny Ruckelshaus -- <a href="mailto:jennylea@volcano.net">jennylea@volcano.net</a></p>	12/14/2020
Cheer	<p><b>JV &amp; Varsity:</b> Currently Practicing</p> <ul style="list-style-type: none"> <li>Tuesday &amp; Thursday 5:00-7:30 pm</li> </ul> <p><b>Coach Contact:</b> Jenny Upchurch -- <a href="mailto:buffscheer@gmail.com">buffscheer@gmail.com</a></p>	
Boys Soccer	**Nothing Yet**	2/22/2021
Girls Soccer	**Nothing Yet**	2/22/2021
Boys Basketball	**Nothing Yet**	2/22/2021
Girls Basketball	<p><b>JV &amp; Varsity:</b> Contact Coach for workout information</p> <p><b>Coach Contact:</b> Dave Tearpak -- <a href="mailto:dtearpak@acusd.org">dtearpak@acusd.org</a></p>	2/22/2021
Wrestling	**Nothing Yet**	2/22/2021
Ski / Snowboard	**Nothing Yet**	
Golf	**Nothing Yet**	2/1/2021
Tennis	**Nothing Yet**	2/22/2021
Swim	**Nothing Yet**	3/8/2021
Baseball	**Nothing Yet**	3/8/2021
Softball	<p><b>JV &amp; Varsity:</b> Currently Practicing</p> <ul style="list-style-type: none"> <li></li> </ul> <p><b>Coach Contact:</b> Jessica McCarty -- <a href="mailto:jessica.mccarty@acusd.org">jessica.mccarty@acusd.org</a></p>	3/8/2021
Track & Field	**Nothing Yet**	3/15/2021